NEXT LEVEL

2017 12-WEEK BODY CHALLENGE

ENTRY FORM

Name	
Address	
City	
Zip	
Phone	
E-Mail Address	
Current Member	**Yes** **No** (CIRCLE ONE)

What are your primary reasons for entering the 2017 NEXT LEVEL Contest?

KING'S FITNESS

Statement of Understanding

The NEXT LEVEL 12-WEEK BODY CHALLENGE Contest is meant to motivate individuals to improve their health through exercise and diet. Before starting any exercise program, it is important to meet with your doctor for a complete physical exam. Ask your doctor if there are any particular medical problems you have that may affect your fitness program.

King's Fitness can provide personal training sessions at a reduced rate for contestants. Please ask for special pricing on available packages.

Determination of winners: Contestants will be judged on overall transformation at the completion of the 12-week contest using the before and after photos, weight, measurements and a final essay. Confidentiality and respect are important to us and contestant information will not be used without prior permission for any future marketing by King's Fitness.

Cash prize will be determined by the number of entrants. 1st and 2nd Place Winners for both male and female will receive cash and membership prizes. If a minimum number of entrants is not reached, prize availability may be affected. 1st place male and female will each receive 50% of total cash prize and 6-months free gym membership.

Personal Training

One **FREE** Training Session per contestant during the first 10 days of the contest. Personal training sessions are by appointment and include an initial fitness assessment, workout tips and sample program.

	Starting	Ending
Weight (lbs)		
Chest (in.)		
Waist (in.)		
Hips (women only) (in.)		
Thighs (in.)		
Biceps (in.)		
Body Fat %		

Entry Fee Paid	**$25**
Non-Members	
Enrollment Fee	~~$100~~ *(waived)*
Membership Options	$
☐ $180 (6-mo./No Contract) ☐ $99 (3-mo./No Contract) ☐ $40 (1-mo. w/autopay) ☐ Other	
OPTIONAL SERVICES	
Personal Training	$
(Enter Package Details Here):	
Tanning	$
Total Due	$